


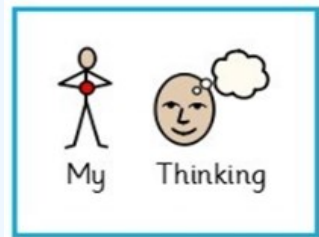

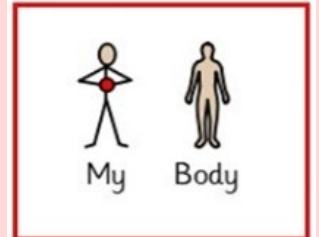

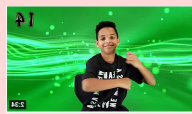
How it Works

Each term, support your child to pick the homework they wish to complete, aiming to collect at least 5 stars in total.

Dolphin Class Homework Pick and Mix

Autumn 2023



				
<p>Share a book with a family member twice a week.</p> <p>★</p>	<p>Visit a local shop and use some money to buy an item.</p> <p>★</p>	<p>Enjoy spending quality time with a family member who is very special to you.</p> <p>★</p>	<p>Go for an Autumn walk with your family.</p> <p>★</p>	<p>We are learning about the important people in History - can you work with a family member to find a picture of Florence Nightingale?</p> <p>★</p>
<p>Match the letters in my name.</p> <p>Make marks on the letters in my name.</p> <p>★★</p>	<p>Using everyday appliances, can you complete a job?</p> <p>Help load the washing machine / dishwasher or tidy up using the Hoover.</p> <p>★★</p>	<p>Take turns with a friend or family member to play a game.</p> <p>★★</p>	<p>Have a go at stretching different parts of your body. Can you stretch your arms out, your legs out and your whole body on the floor.</p> <p>★★</p>	<p>Go outside to experience Autumn. What natural materials can you collect?</p> <p>★★</p>
<p>Use your communication book to have a conversation with a family member about an activity you like doing e.g. I like to go for a walk.....</p> <p>★★★</p>	<p>Can you find a favourite song on a tablet, computer or other device? Can you pause the song and make it play again?</p> <p>★★★</p>	<p>Use a mirror to look at and share reflections of different emotions including happy, sad, tired, scared and excited.</p> <p>★★★</p>	<p>Follow an exercise routine - Chair Exercises on YouTube Episodes 1 & 2</p> <p>Arm rolls & in/outs</p> <p>Bicep curls & hovers</p> <p>★★★</p> 	<p>Draw, paint or collage a picture - examples: Autumn, Halloween, Bonfire Night and Christmas.</p> <p>★★★</p>